Baylor College of Medicine | The Texas Heart Institute | CommonSpirit Baylor St. Luke's Medical Center | Baylor College of Medicine

The Texas Heart Institute at Baylor College of Medicine Cardiovascular Grand Rounds

Friday, October 30, 2026
12:00 – 1:00 p.m.

Off Beat: Challenging Dogma in Postoperative Atrial Fibrillation After Cardiac Surgery

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In-Person Location

Baylor St. Luke's Medical Center
Denton A. Cooley Auditorium (C060, Level B1)
6720 Bertner Avenue

Zoom Access and Attendance Process

- Click here to join the presentation:
  https://us06web.zoom.us/webinar/register/WN_ExFOkSLuTbe8qiNc6nnF5Q
- Sign in to track attendance and earn credit.
  Text Phone Number: **713-903-7277**
  Event ID: **WARVEK**

Objectives: At the conclusion of the session, the participants should be able to:

- Compare the evidence for perioperative amiodarone and beta-blockers in the prevention of postoperative atrial fibrillation, and apply the 2026 STS guideline to reduce the risk of postoperative atrial fibrillation.
- Evaluate the randomized and meta-analytic evidence for left posterior pericardiotomy, and explain why alternative methods may not clear the retained pericardial blood that triggers postoperative atrial fibrillation.
- Apply an individualized approach to anticoagulation for postoperative atrial fibrillation that weighs thromboembolic risk against bleeding risk.

Target Audience: This activity is intended for cardiologists, cardiovascular and cardiothoracic surgeons, anesthesiologists, intensivists, primary care physicians, fellows, residents, medical students, physician assistants, nurses, nurse practitioners, other advanced practice providers, and perfusionists at Baylor St. Luke's Medical Center, Baylor College of Medicine, and the greater Texas Medical Center.

Needs Statement: Clinicians engaged in the practice of cardiovascular medicine including physicians in practice, faculty members, fellows, residents, medical students, allied health and other healthcare practitioners and care team members in related disciplines need to receive regular updates on evidence-based clinical practices, and technological and pharmaceutical advances in cardiovascular medicine. The series aims to expand the knowledge of learners, advance their clinical skills and competencies, address the challenges of healthcare delivery in the clinic, hospital, diagnostic, and surgical settings to enhance the quality of cardiovascular care, and improve patient outcomes by providing education to address gaps arising from the continually evolving practice standards, how to implement them, and the steps for performance change.

Educational Methods: Educational methods will include lectures, case presentations, and audience response.

Activity Evaluation: Participants may be asked to complete a session evaluation.

Accreditation/Credit Designation: Baylor College of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Baylor College of Medicine designates this live activity for a maximum of 1.0 *AMA PRA Category 1 Credit*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

⌥ DISCLOSURE OF FINANCIAL RELATIONSHIPS

Relevant Financial Relationships with Ineligible Companies: *None*

No Financial Relationships with Ineligible Companies: *Nothing to disclose.*

Select all roles that apply for this session.

Karla Campos Bekardi, MD	☒ **Planning Committee Member** ☐ **Presenter** ☐ **Moderator** ☐ **Panel Discussant**
Stephanie Coulter, MD	☒ **Planning Committee Member** ☐ **Presenter** ☐ **Moderator** ☐ **Panel Discussant**
Pakinam Mekki, MD	☒ **Planning Committee Member** ☐ **Presenter** ☐ **Moderator** ☐ **Panel Discussant**
Joseph G. Rogers, MD	☒ **Planning Committee Member** ☐ **Presenter** ☐ **Moderator** ☐ **Panel Discussant**
Subhasis Chatterjee, MD	☒ **Presenter**

⌥ CONFIDENTIALITY ACKNOWLEDGEMENT

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