

### THE TEXAS HEART INSTITUTE



# The Texas Heart Institute at Baylor College of Medicine Cardiology Grand Rounds

**Baylor College of Medicine** 

Friday, October 24, 2025 12:00 – 1:00 p.m.

# **Myocardial Recovery: The Next Frontier in Heart Failure**

## Arvind Bhimaraj, MD, MPH, FACC, FHFSA

Associate Professor of Cardiology
Department of Cardiology,
DeBakey Heart and Vascular Center, and
J.C. Walter Jr. Transplant Center
Houston Methodist Hospital
Assistant Professor of Medicine
Department of Cardiovascular Sciences
Weill Cornell Medicine College



### **In-Person Location**

Baylor St. Luke's Medical Center

Denton A. Cooley Auditorium (C060, Level B1)

6720 Bertner Avenue

## **Zoom Access and Attendance Process**

► <u>Click here to join the presentation</u>:

https://us02web.zoom.us/webinar/register/WN EaZ0bESbQQmrXA wXFIPzw#/registration

▶ Sign in to track attendance and earn credit.

Text Phone Number: 713-903-7277

Event ID: ZELFEZ

**Objectives:** At the conclusion of the session, the participants should be able to:

Recognize the clinical relevance of myocardial recovery in patients with heart failure.

- Review the pathobiology of myocardial recovery from heart failure.
- Describe current and future strategies to promote myocardial recovery after heart failure.

**Target Audience:** This activity is intended for cardiologists, cardiovascular and cardiothoracic surgeons, anesthesiologists, intensivists, primary care physicians, fellows, residents, medical students, physician assistants, nurses, nurse practitioners, other advanced practice providers, and perfusionists at Baylor St. Luke's Medical Center, Baylor College of Medicine, and the greater Texas Medical Center.

**Needs Statement:** Clinicians engaged in the practice of cardiovascular medicine including physicians in practice, faculty members, fellows, residents, medical students, allied health and other healthcare practitioners and care team members in related disciplines need to receive regular updates on evidence-based clinical practices, and technological and pharmaceutical advances in cardiovascular medicine. The series aims to expand the knowledge of learners, advance their clinical skills and competencies, address the challenges of healthcare delivery in the clinic, hospital, diagnostic, and surgical settings to enhance the quality of cardiovascular care, and improve patient outcomes by providing education to address gaps arising from the continually evolving practice standards, how to implement them, and the steps for performance change.

**Educational Methods:** Educational methods will include lectures, case presentations, and audience response.

**Activity Evaluation:** Participants may be asked to complete a session evaluation.

**Accreditation/Credit Designation:** This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Baylor College of Medicine and The Texas Heart Institute. Baylor College of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

Baylor College of Medicine designates this live activity for a maximum of 1.0 AMA PRA Category 1 Credit $^{\text{TM}}$ . Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### **▶** DISCLOSURE OF FINANCIAL RELATIONSHIPS

**Relevant Financial Relationships with Ineligible Companies:** All relevant financial relationships listed have been mitigated.

Select all roles that apply for this session.

Arvind Bhimaraj, MD, MPH	Presenter Moderator Panel Discussant
Research Support: Abbott (ended), Abiomed (ended), Cardiol RX (current); Consultant: Abbott (current); Advisory Committee	
(All Ended): Alnylam, BridgeBio, Pfizer, Rhythm Science; Speaker Honorarium (All Ended): AstraZeneca, BridgeBio.	

#### **No Financial Relationships with Ineligible Companies:** *Nothing to disclose.*

#### Select all roles that apply for this session.

Karla Campos Bekardi, MD	☐ Planning Committee Member ☐ Presenter ☐ Moderator ☐ Panel Discussant
Stephanie Coulter, MD	☑ Planning Committee Member       ☐ Presenter       ☐ Moderator       ☐ Panel Discussant
Pakinam Mekki, MD	☑ Planning Committee Member         ☐ Presenter         ☐ Moderator         ☐ Panel Discussant
Joseph G. Rogers, MD	☑ Planning Committee Member       ☐ Presenter       ☐ Moderator       ☐ Panel Discussant

#### **► CONFIDENTIALITY ACKNOWLEDGEMENT**

This regularly scheduled series (RSS), planned by/presented to the institution's professional staff, is accredited by Baylor College of Medicine (BCM) for *AMA PRA Category 1 Credit*™ for physicians. In connection with my participation in this RSS, I understand that I may be exposed to patient information, research participant information, and/or proprietary information (collectively referred to as "Confidential Information"). I agree to keep this information confidential and not to disclose the information to any other person or entity unless in accordance with applicable federal and state laws and the policies and procedures of BCM and/or its affiliated entities.