


PROGRAM

SATURDAY, OCTOBER 20TH

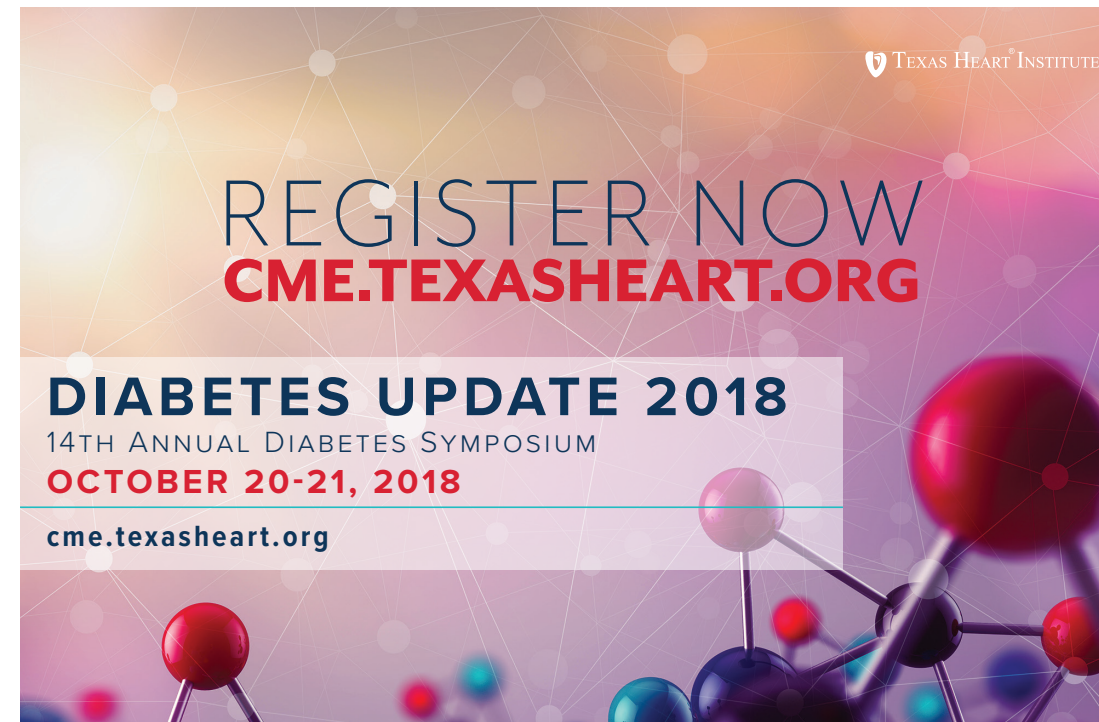
7:00AM	Registration and Breakfast
7:55	Introduction Mandeep Bajaj, MD
8:00	SGLT-2 Inhibitors - An Update Mandeep Bajaj, MD
9:00	Incretin Therapy in Type 2 Diabetes Leigh Perreault, MD
10:00	Break
10:10	Insulin Pump and Continuous Glucose Monitoring Systems Celia Levesque, MSN, RN, CNS-BC, NP-C, BC-ADM, CDE
11:10	Newer Insulins in Diabetes Management Shahid Mohammad, MD
12:10PM	Lunch
1:00	Non Alcoholic Fatty Liver Disease Norman Sussman, MD
2:00	Peripheral Arterial Disease in Diabetes – An Update Joseph Mills, MD, FACS
3:00	Break
3:10	Achieving Weight Loss with Endoscopic Therapies in Type 2 Diabetes Wasif Abidi, MD, PhD
4:10	Treating Obesity-Medical vs Surgical Management Osama Hamdy, MD, PhD
5:10	Q&A / Evaluation
5:30PM	ADJOURN

SUNDAY, OCTOBER 21ST

7:00AM	Registration and Breakfast
8:00	Preventing Type 2 Diabetes Ralph DeFronzo, MD
9:00	Obesity, Type 2 Diabetes & Chronic Kidney Disease - An Update Sankar Dass Navaneethan, MD, MS, MPH
10:00	Break
10:10	Diabetes and Cardiovascular Disease David Aguilar, MD
11:10	Q&A / Evaluation
11:30AM	Adjourn

 **TEXAS HEART INSTITUTE**
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DIABETES UPDATE 2018

14TH ANNUAL DIABETES SYMPOSIUM
OCTOBER 20-21, 2018

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DIABETES UPDATE 2018

14TH ANNUAL DIABETES SYMPOSIUM

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OVERVIEW

It has been noted that some physicians lack knowledge related to the most effective treatments for patients with diabetes, as well as the role of newer treatments in preventing cardiovascular complications of diabetes (2-4). Physicians are also in need of evidence-based intervention strategies for preventing type 2 diabetes and cardiovascular complications in patients with prediabetes (ADA 2018).

To effectively evaluate and treat patients with diabetes, physicians should continue to educate themselves on novel and optimal therapies for the treatment of diabetes; evidence-based intervention strategies for the prevention of type 2 diabetes; strategies to identify and discuss additional practice gaps in prevention of diabetes-related complications; and define insulin pump therapy and newer diabetes technologies and their place in the management of diabetes.

The purpose of this symposium is to update health care providers with state of the art information regarding the evaluation and treatment of patients with diabetes. To address the identified professional practice gap, this performance improvement-based 1½ day CME program has been developed for primary care physicians, cardiologists, fellows and/or residents, nurses and dietitians.

TARGET AUDIENCE

For this symposium, the target audience is physicians, Physician Assistants, Fellows/Residents, Nurse/Nurse Practitioners, and Dietitians. We will update health care providers with state of the art information regarding evaluation and treatment of patients with diabetes.

LEARNING OBJECTIVES

At the conclusion of this symposium, participants should be able to:

- Apply new and updated ADA guidelines and knowledge in the management of patients with diabetes
- Implement this knowledge to prevent type 2 diabetes in high risk patients in clinical practice
- Describe new knowledge to prevent cardiovascular disease in type 2 diabetes
- Explain the use of newer diabetes technology to manage patients with diabetes

ACCREDITATION AND CREDIT DESIGNATION

Texas Heart Institute is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Texas Heart Institute designates this live activity for a maximum of 11.00 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

NURSING ACCREDITATION AND CREDIT DESIGNATION:

Up to 11.41 contact hours will be awarded for successful completion of this activity. To receive a certificate of completion with awarded contact hours, you are required to sign-in at registration each day, attend the entire program, and return the completed evaluation form for each day.

CHI St. Luke's Health – Baylor St. Luke's Medical Center is an approved provider of continuing nursing education by the Texas Nurses Association – Approver, an accredited approver with distinction, by the American Nurses Credentialing Center's Commission on Accreditation.

DIETITIANS:

Approval for 11.0 CPE for Registered Dietitians has been approved with the Commission on Dietetic Registration (CDR).

FACULTY

**Mandeep Bajaj, MD*
(Program Director)**
Professor of Medicine and Molecular and Cellular Biology; Division of Diabetes, Endocrinology and Metabolism, *CHI St. Luke's Health – Baylor St. Luke's Medical Center*; Houston, Texas

Wasif Abidi, MD, PhD
Associate Professor of Medicine – Gastroenterology, *Baylor College of Medicine*; Houston, Texas

David Aguilar, MD
Adult Cardiology, *Texas Children's Hospital*; Houston, Texas

Ralph DeFronzo, MD
Deputy Director of the Texas Diabetes Institute; Professor of Medicine; Chief of the Diabetes Division, *University of Texas Health Science Center*; San Antonio, Texas

Osama Hamdy, MD, PhD
Associate Professor of Medicine, *Harvard Medical School*; Medical Director of Obesity Clinical Program, *Joslin Diabetes Center*; Boston, Massachusetts

Celia Levesque, MSN, RN, CNS-BC, NP-C, BC-ADM, CDE
Certified Diabetes Educator; Advanced Practice Nurse, *UT MD Anderson Cancer Center*; Houston, Texas

Joseph Mills, MD, FACS
Medical Director, Diabetic Foot & Wound Care Center, *CHI St. Luke's Health – Baylor St. Luke's Medical Center*; Professor and Chief; Division of Vascular Surgery & Endovascular Therapy, *Baylor College of Medicine*; Houston, Texas

Shahid Muhammad, MD
Clinical Assistant Professor, Endocrinology, *CHI St. Luke's Health – Baylor St. Luke's Medical Center*; *Baylor College of Medicine & Kelsey-Seybold Clinic*; Houston, Texas

Sankar Dass Navaneethan, MD, MS, MPH
Associate Professor of Medicine – Nephrology; Associate Director, ICTR, *Baylor College of Medicine*; Houston, Texas

Leigh Perreault, MD
Associate Professor of Medicine, *University of Colorado Anschutz Medical Campus*; Denver, Colorado

Norman Sussman, MD
Associate Professor of Surgery; Division of Abdominal Transplantation, *Baylor College of Medicine*; Medical Director, Project ECHO, *CHI St. Luke's Health – Baylor St. Luke's Medical Center*; Houston, Texas

LOCATION & LODGING

The symposium will be held at CHI St. Luke's Health–Baylor St. Luke's Medical Center, in The Denton A. Cooley Auditorium, located within the Texas Medical Center. The Denton A. Cooley Auditorium is located on the B1 Level of the hospital at 6720 Bertner Avenue, Houston, Texas 77030.

Hotel Accommodations:
Marriott Medical Center
6580 Fannin Street
Houston, Texas 77030

GROUND TRANSPORTATION & PARKING

Parking for the event is available in Garage 2 located off Holcombe and Bertner for a free of \$13. You may also valet for \$14 at the front of CHI St. Luke's Health. All registered attendees are responsible for their own parking. Taxi service to the Texas Medical Center (TMC) hotels from Hobby Airport averages \$35 one way. Taxi service from Bush Intercontinental Airport averages \$50 one way. Uber is also an option. The drive to the TMC is approximately 30 minutes from Hobby Airport and approximately 45 minutes from Bush Intercontinental Airport.

REGISTRATION

Please register me for the 14th Annual Diabetes Symposium: Diabetes Update 2018 to be held Saturday and Sunday, October 20-21, 2018

First Name _____ Last Name _____

Title: ☐ MD ☐ PhD ☐ DO ☐ Other _____ Practice: _____

Affiliation/Institution: _____

Address: _____

City/State/Province: _____ Postal Code or Country: _____

Telephone: _____ Fax: _____

E-mail: _____

☐ Subscribe me to CME-news newsletter (email address required)

Registration fee includes all course materials, continental breakfast, lunch, and afternoon break.

☐ Physicians (MD, DO) \$300

☐ BCM/CHI–SL Physicians, Residents/Fellows \$150

☐ Non-Physician* \$175

☐ BCM/CHI–SL Non-Physicians* \$75

☐ Fellows-in-training, Residents \$150

* (Nurses, Nurse Practitioners, Other Allied Health)

Please indicate if you need special assistance. You will be contacted by a staff member. 

All fees should be in U.S. dollars, drawn on a U.S. bank, and made payable to Texas Heart Institute.

☐ Visa ☐ MasterCard ☐ AmEx ☐ Discover

Account # _____ Exp. Date _____

Fax this registration form only if payment is being made by credit card. Otherwise, mail the registration form and fee to—

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Cancellation Policy

Texas Heart Institute Office of CME must receive written notification of a refund request postmarked and dated no later than Friday, October 12, 2018. A \$50 processing fee will be assessed for each cancellation. Refunds cannot be made for those who register but do not attend the scheduled activities. Refunds will not be provided for cancellations made within 48 hours of the symposium. Texas Heart Institute reserves the right to cancel this activity if registration is deemed insufficient.

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