

GRADE K TEACHER RESOURCE: ANSWER KEYS

K–C Anatomy: Where Is Your Heart? (worksheet)

K–F Nutrition: Which Foods Are Good for Me? (worksheet)

K–G Exercise: Which Exercises Help My Heart? (worksheet)

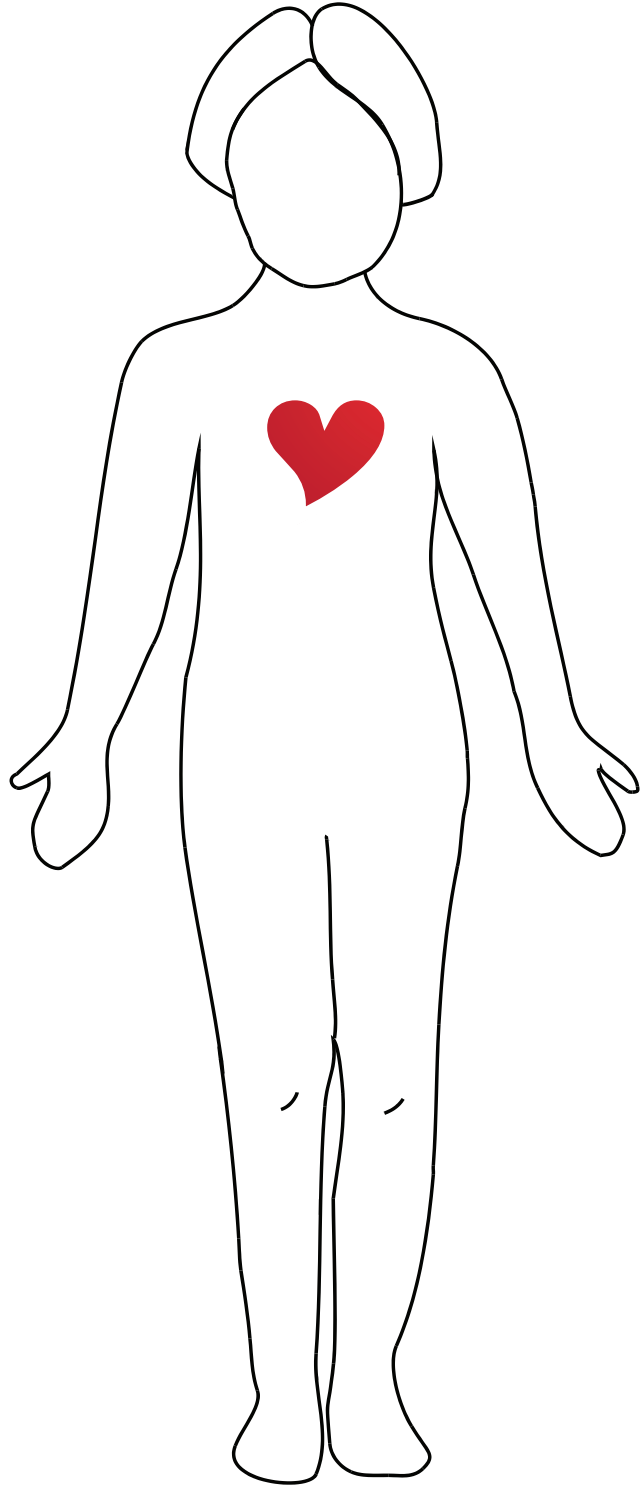
Project Heart

Activities for the Classroom

Do you know where your heart is located?

Place a sticker where your heart is located. When you're done, you can color the rest of the picture to look like you.

ANATOMY ANSWER KEY WHERE IS YOUR HEART?



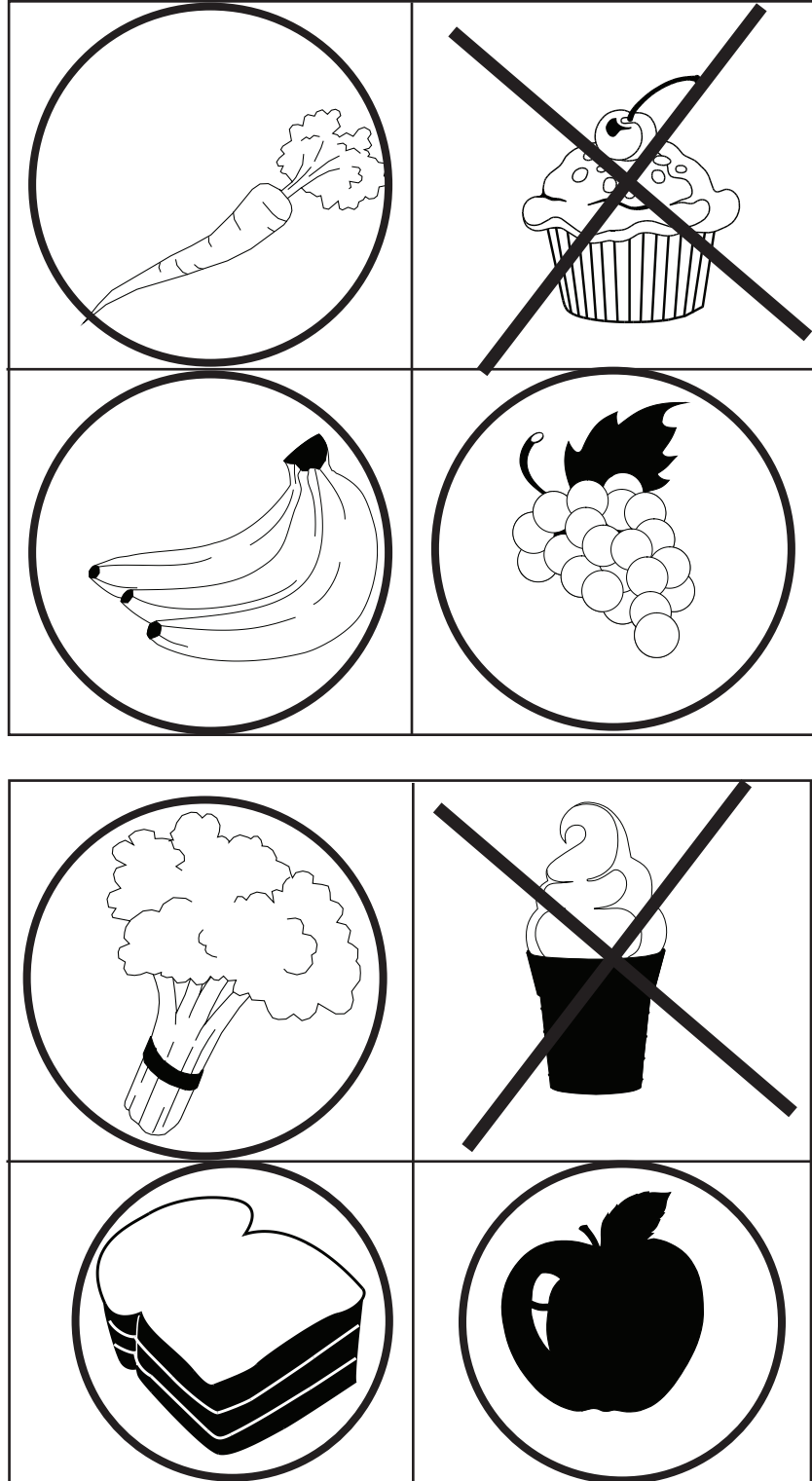
Project Heart

Activities for the Classroom

Fruits and vegetables are good for your body and your heart.

Can you find the three foods that are good for you? Circle the foods that are good for you and put an "X" through the food that is not good for you. When you're done, you can color the pictures of foods that are good for you.

NUTRITION ANSWER KEY WHICH FOODS ARE GOOD FOR ME?



Project Heart

Activities for the Classroom

Do you know that exercise is good for your heart?

Circle the activities that are good for your heart. Draw an "X" through the activities that are not. When you're done, you can color the pictures of the exercises that are good for your heart.

EXERCISE ANSWER KEY

WHICH ACTIVITIES HELP MY HEART?

