

NUTRITION

TEACHER RESOURCE: ANSWER KEY

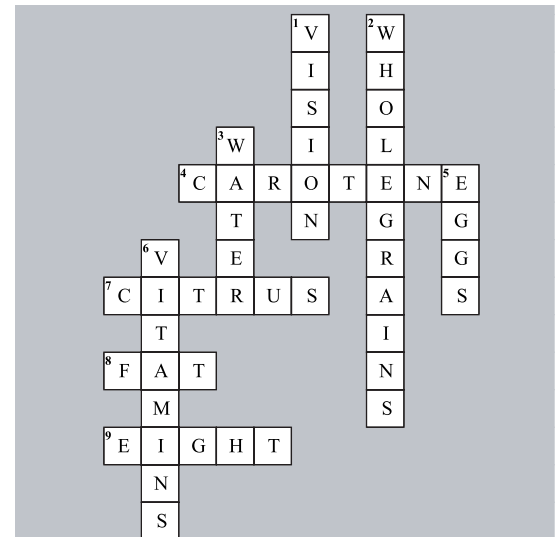
Fill-in-the-Blank: Vitamins (5–E)

1. fat
2. vitamins
3. 8 (eight)
4. water
5. A
6. A
7. B
8. D
9. B complex
10. C
11. blood clotting
12. D

Fill-in-the-Blank: Minerals (5–F)

1. calcium
2. zinc
3. iron
4. iodine
5. magnesium
6. phosphorus
7. salt, sodium, or sodium chloride
8. potassium
9. trace
10. fortified
11. fluoride
12. goiter

Crossword Puzzle: Vitamins (5–G)



Crossword Puzzle: Minerals (5–H)

